



1ST GLOBAL REGEN CONGRESS

The future of Aesthetics, Wellness and Longevity

11th - 12th September 2026

Welcomhotel by ITC, Delhi-Gurugram Highway, Delhi

SCIENTIFIC PROGRAM

regencongress@gmail.com | www.regencongress.com

Day 1 | 11th September 2026 | Friday

HALL - A

Time	Topic
9:30 - 11:00 AM	Regenerative Medicine
	Science of Ageing (30 min)
	Basics of Regenerative Medicine (15 min)
	Peptides as biological regulators: Skin Quality to Longevity (15 min)
	IV therapies in Aestshteic Clinical Practise (15 min)
	Diet for Health & Longevity (15 min)
11:00 - 11:30 AM	Tea / Coffee Break / Booth Visit
11:30 AM - 1:30 PM	Injecting Confidence: Optimising Injectable results Part 1 - Fillers
	Filler anatomy (30 min)
	Tips & Tricks for Inj of upper face - temporal / forehead (12 min)
	Tips & Tricks for Peri Orb Inj (12 min)
	Tips & Tricks for Mid Face - Mid face (12 min)
	Tips & Tricks for Lips - How to get sexy lips for Indians (12 min)
	Tips & tricks for Lower Face - Chin, jawline (12 min)
	Full Face Inj - how to optimise results (20 min)
	Panel: Expert Tips & Tricks for Best Results
1:30 - 2:30 PM	Lunch Break

Day 1 | 11th September 2026 | Friday

Time	Topic
2:30 - 4:00 PM	Hair to Stay: Advancements & Innovations in Hair Care & Treatment
	From Consultation to conversion: managing hair loss patients in real practice (15 min)
	Treating AGA beyond MX & finasteride (15 min)
	High Science, Low scalpel: Advanced non surgical hair restoration (15 min)
	Supplements in hair loss- Where is the real evidence (15 min)
	Hair filler, Exosomes, Hair Botox, Threads for hair - Overview (15 min)
	Cosmetic to Clinical: Redefining Hair care in Dermatology (15 min)
	Panel: Q & A (15 min)
4:00 - 4:30 PM	Tea / Coffee Break / Booth Visit
4:30 - 6:00 PM	Revolutionizing the Aesthetics Industry: Exploring the New frontiers in Aesthetics
	Exosomes in Rejuvenation - Overview and where we stand today (12 min)
	Beyond Fillers: Cellular Aesthetics and longevity of Beauty (12 min)
	Autologous stem cell infusion for hair and skin (12 min)
	Estrogen and Phytoestrogen treatments for peri - menopausal skin (12 min)
	Genital rejuvenation for Skin Clinics (12 min)
	How to integrate GLP 1 in aesthteic practise (12 min)
	Panel Discussion: 2 tips from the panelsists & QA (10 min)

Day 1 | 11th September 2026 | Friday

HALL - B

Time	Topic
	Workshop 1 / Hands on Room (up to 80 pax for live interactions and demos, hands on for 30 - 40 pax only)
	Skinvive workshop - Allergan, Skin Quality & Live demo
10:30 - 11:30 AM	TBD
	Tea / Coffee Break
	Skinvive Hands on workshop - Allergan (30 pax, each doctor gets 1 syringe of Skinvive to inject under supervision of the mentors)
11:30 AM - 1:30 PM	Hands on workshop
1:30 - 2:30 PM	Lunch Break
	Periorbital rejuvenation Workshop: <ul style="list-style-type: none"> An in-depth workshop into the periorbital region with the worldleading periorbital experts Learn about volume loss, skin changes, hyperpigmentation Learn how to analyse and identify which procedure and product / device for which indication. 80 pax for the Masterclass
	In depth anatomy of the peri orbital region (15 min)
	My approach to Periorbital rejuvenation: texture, tone and volume (15 min)
2:30 - 4:00 PM	My approach to peri orbital rejuvenation - Injectables / Surgical (15 min)
	Global experience - Live demo of Periorbital Inj (20 min)
	Indian experience of Periorbital injection - Live demo (20 min)
	Panel Discussion: Q & A (5 min)

Day 1 | 11th September 2026 | Friday

Time	Topic
4:00 - 4:30 PM	Tea / Coffee Break / Booth Visit
	Filler Hands on workshop
4:30 - 6:00 PM	Intro to the Filler Range
	Facial Analysis
	Marking the injection points
	Live Demo
	Hands on - 16 pax only

HALL - C

Time	Topic
	Workshop 2 / Masterclass: up to 30 pax
	Toxin / Neuromodulator Workshop Hands on 16 pax only
9:30 - 11:00 AM	Intro to the Toxin / Neuromodulator
	Marking the injection points
	Marking the injection points
	Live Demo
	Hands on - 16 pax only
11:00 - 11:30 AM	Tea / Coffee Break

Day 1 | 11th September 2026 | Friday

Time	Topic
	Regenerative Medicine Masterclass
11:30 AM - 1:30 PM	How to set up a Regenerative clinic in your practise? (20 min)
	How to start your patient on a Regenerative health journey, consult to planning (20 min)
	Peptide therapy in my Indian practice (15 min)
	GLP1 Ra's for weight loss, and impact of skin: a holistic management plan for GLP1 patients (15 min)
	Panel Q & A
1:30 - 2:30 PM	Lunch Break
	Skin boosters Workshop An in-depth workshop into skin quality and skin boosters. <ul style="list-style-type: none"> • What are the novel molecules that are available today in India? • Learn how to analyse and identify which booster for which indication. • How to use the skin boosters, from injectables to non-injectables. • How to handle adverse events.
	Hands on for doctors for thread face lift View Pass: 100 pax Hands on Pass: 24 Pax
2:30 - 4:30 PM	Which Booster where and when / Injectables vs Mirconeedling topicals
	How to counsel patients for skin boosters
	How to handle adverse events
	Live Demo of Skin Boosters (HA, Non HA, PDRN, Exosomes)
	Hand on - (24 doctors only)
4:00 - 4:30 PM	Tea / Coffee Break

Day 1 | 11th September 2026 | Friday

Time	Topic
	Pigmentation Masterclass: Update, Tips & Tricks on the Latest Breakthroughs in Treatment & Management
4:30 - 6:00 PM	From Clearance to control: The Multilayered Approach to melasma (15 min)
	The New Age of Depigmenting Peels: Precision Over Percentage (15 min)
	New Modalities in Hpn - Exosomes and PDRN's & Combination RX (15 min)
	Lasers Management of Hyperpigmentation Evidence and Experience (15 min)
	Neutraceuticals for Pigmentation: Evidence or marketing? (15 min)
	Panel Disucssion: Q & A (5 min)

Day 2 | 12th September 2026 | Saturday

HALL - A

Time	Topic
9:30 - 11:00 AM	Regenerative Medicine
	Reverse Ageing (30 min)
	A systematic biological approach to skin aging and anti aging: what works and their mechanisms of action (15 min)
	DNA testing and optimising pathways for longevity (30 min)
	How to set up a Regenerative medicine practise? (15 min)
11:00 - 11:30 AM	Tea / Coffee Break
11:30 AM - 1:30 PM	Injectables 2: Expert tips and hacks
	Toxin anatomy (30 min)
	Bot toxin - Inj tips and hacks to optimise results (12 min)
	Bot toxin - alternate indications (12 min)
	Bot Toxin complications - step wise approach (12 min)
	Hydra injections for the Face / Bio-Simulators (12 min)
	Filler complications - step wise approach (12 min)
	Is filler blindness real - what's the approach? (20 min)
	Panel Discussion
1:30 - 2:30 PM	Lunch Break

Day 2 | 12th September 2026 | Saturday

Time	Topic
2:30 - 4:00 PM	Social media and Brand Building for Doctors - Workshop format
	From Zero to 1st Post: getting started on social media the right way (12 min)
	Posting Daily but not growing? what doctors need to change (12 min)
	Dont ignore youtube in 2026 & my growth strategies (12 min)
	From content to Teleconsults: Building a digital patient journey (12 min)
	Medico Legal aspects of Social Media presence for Doctors (12 min)
	TBD
	Turning social media enquires into a structured walk in patient pipeline (12 min)
	Panel Discussion and Q & A
4:00 - 4:30 PM	Tea / Coffee Break
4:30 - 6:00 PM	EBD - Updates
	Overview of EBD in Indian clinical practise-what, where, why? (15 min)
	MnRF - why is it a multitasking work horse for my practise (15 min)
	HIFU for Rejuvenation (15 min)
	Photofacials for Indian Skin & Combinations for Skin Rejuvenation (15 min)
	How I approach skin tightening (15 min)
	How to package EBD sessions (15 min)
	Panel Discussion and Q & A (10 min)

Day 2 | 12th September 2026 | Saturday

HALL - B

Time	Topic
	Workshop room 2
	Harmonica workshop Dr Andre Braz <ul style="list-style-type: none"> • Hyalutonic Acid and CaHA injections for rejuvenation • What, how why and when of Harmonica, • Live Demo Hand on for doctors View Pass: 100 pax Hands on Pass: 36 Pax (Dermatologists & Plastic Surgeons only)
9:30 - 11:00 AM	Intro Ro HARmonicA - HA + CAHA
	Anatomy for Harmonica
	Injection Techniques
	Live Demo
11:30 - 01:30 PM	Hands on for 36 - Dermatologists & Plastic Surgeons only
1:30 - 2:30 PM	Lunch Break
	Threads workshop: The Art of Thread Aesthetics: Lift & Tighten <ul style="list-style-type: none"> • An in-depth workshop into threads with live demonstration and hands-on for each participant • Types of Threads • Indications for threads in Indian face • Live demo - Brow lift, Nose shaping, Face lift, Jawline, Neck Hands on for doctors for thread face lift View Pass: 100 pax Hands on Pass: 24 Pax
2:30 - 4:30 PM	Intro to threads - types of threads, indications (10 min)
	Brow & Nose Lift with Threads - Live Demo (30 min)
	Threads for face - Live Demo (30 min)

Day 2 | 12th September 2026 | Saturday

Time	Topic
	Hands on - midface/jawline (24 doctors only)
4:00 - 4:30 PM	Tea / Coffee Break
	Skin boosters Workshop An in-depth workshop into skin quality and skin boosters <ul style="list-style-type: none"> • What are the novel molecules that are available today in India? • Learn how to analyse and identify which booster for which indication. • How to use the skin boosters, from injectables to non-injectables. • How to handle adverse events
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	How to counsel patients for skin boosters
	How to handle adverse events
	Live Demo of Skin Boosters (HA, Non HA, PDRN, Exosomes)
	Hands on - midface/jawline (24 doctors only)

Day 2 | 12th September 2026 | Saturday

HALL - C

Time	Topic
	Workshop 2 / Masterclass: up to 30 pax
10:00 - 11:00 AM	
11:00 - 11:30 AM	Tea / Coffee Break
	Filler workshop
11:30 AM - 1:30 AM	Intro to the Filler Range
	Facial Analysis
	Marking the injection points
	Live Demo
	Hands on - 12 pax only
1:30 - 2:30 PM	Lunch Break
	Toxin / Neuromodulator Workshop - Hands on 16 pax only
2:30 - 4:00 PM	Intro to the Toxin / Neuromodulator
	Facial Analysis
	Marking the injection points
	Live Demo
	Hands on - 12 pax only
4:00 - 4:30 PM	Tea / Coffee Break
	Practise Management This Masterclass is on practical aspects of running your own practise from doctors who have built their business. If you are thinking of starting your own practise, or already have an eixising practise that you wish to scale, this Masterclass is for you
4:30 - 5:30 PM	



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